

Encompass Training SW Ltd

ALA Licence No. R0720

Programme building. We will design in discussion with group leaders the type and nature of the programme for your group. We aim to make the programme progressive, challenging and rewarding. Unless otherwise directed, we run these activities as a tool to help personal growth and team development, rather than just for the sake of doing it.

Tree Abseil	Using our unique system which involves everyone, the ground team haul the abseiler up to our abseil platform set in an ancient Potheridge oak tree. You then abseil back down to terra ferma. A great activity which unlike so many abseils, involves everyone having a role.
Team Tasks	Team problem solving tasks designed to get everyone pulling the same way! Include spider's web, dealing with toxic waste, crossing areas with planks and skis! Tasks are reviewed and hopefully the learning is transferred to the next challenges. Very often done at the start of the course to breakdown barriers and promote a healthy cultures of evaluation and learning.
Climbing Wall	Our climbing wall is situated inside our 350 year old Great Barn. It has 2 main routes and several options. We will normally get all the group involved with the belaying of the ropes as well as climbing as high (or low!) as possible. This activity works on trust and team work as much as personal challenge. It is also suitable for bouldering.
Archery	We normally run this on the front lawn, next to the ruins of our Sir Christopher Wren chapel! Test your skills and aim under the experienced coaching of one of our instructors. It's a very rewarding and accessible activity for all. We also do field archery, shooting arrows great distances much as our forbears did at Agincourt
Blind Line	Working together, guide yourselves around the rope trail while blindfolded. Requires communication and trust!
Orienteering	Learn how to use a map and then test your new found skills in the safety of our grounds. For more advanced groups there is a local orienteering courses we use.
Low ropes	Navigate a series of aerial challenges 50cm off the ground. Great for developing team work and confidence
Crate Stack	A high ropes element, relying on team work, trust and personal challenge. As your team belay you and a friend, build a tower of crates as high as possible - with yourselves on top of it!
Egg Drop	In small teams design and build with the limited materials supplied a vessel that will enable your teams egg to be dropped from a great height and survive unscrambled! The final drop is often done on departure morning.

<p>Night Walk</p>	<p>Normally done on the first night of a course. An excellent introduction to many of the aims we have for our courses. The children walk in small groups unaccompanied along the Tarka cycle trail. This dramatically demonstrates to them we are giving them responsibility and trust but within a very structured and safe environment. We check point the children at key locations and sweep through behind the last group. Such a simple activity proves to be a real challenge walking through the North Devon countryside in the dusk, maybe even seeing a badger, deer or fox or hearing an owl.</p>
<p>Coasteering</p>	<p>With the dramatic backdrop of Hartland, this activity is tailored to the group's ability and the weather conditions. This activity involves moving along the rocky foreshore, jumping in large rock pools and paddling through the sea. We have two main routes we use, depending on the level of challenge wanted and the conditions. On route we may see the remains of a Victorian steam ship wrecked here along with many hundreds of other ships throughout history. Everyone is kitted up with wetsuits, buoyancy aids, helmets etc. This activity is tide & weather dependant.</p>
<p>Gorge Scrambling</p>	<p>Using the rivers on Dartmoor, we journey up the river, through small waterfalls, water slides and over boulders. This activity truly gets you submerged into the beauty and power of one of our most stunning national parks. This activity involves working as a team, improving water confidence and awareness.</p>
<p>Moorland Day Climbing, abseiling, scrambling, weaselling</p>	<p>Either Dartmoor or Bodmin Moor, we spend a day doing some or all of the following; climbing, abseiling, scrambling and weaselling. Scrambling is moving together over easier rocky ground - cross between walking & easy climbing. This requires teamwork, developing confidence and judgement. Weaselling is moving over and under boulders & rocks. Again this is good at building up confidence and helping others. Moorland day can also be done in conjunction with gorge scrambling</p>
<p>Lake Day/half day</p>	<p>With sole use of a large lake within Devon Wild Life Trusts flagship nature reserve, we have an amazing venue for raft building, canoeing and kayaking. Operating from a safe and beautiful location, we have a compound for storage and changing.</p>

Woodland Challenge

Using our stunning surroundings we walk down to the fields and woodland adjacent to our centre. This is about 1 1/2 miles away via farm tracks. The location is near the river Torridge and remote from any roads, civilisation or the public! Build your own shelters under our guidance (we supply sleeping bags & roll mats). Collect wood, light fires, cook dinner and learn skills such as using a knife, cooking, knot tying etc. Later evening maybe spent star gazing. In the morning a bacon & egg buttie cooked on the fire by us before clearing away and heading back to the centre.

Beach Walk

We head to the huge beach at Westward Ho! for a walk along the sand dunes and beach. We can then have a sand castle building competition which always proves to be very popular. There is even a chance for an ice cream too! Half day or evening activity.

Adventure Walk

Using the edge of Dartmoor we explore the wildlife, natural surrounding and mans influence on the area. We walk over the huge dam at Meldon and the massive Victorian railway viaduct. There may even be a chance to build our very own dams in the streams in the area.

River Torridge Canoe Trip

Using the River Torridge, we undertake a canoe journey along the river which was home to Tarka the Otter.

Hill walking, expeditions & Duke of Edinburgh's Award

Want to explore Dartmoor, do a Duke of Edinburgh's Award expedition or climb the UK's highest peaks we do it all. Surrounded by three Moors we are ideally located for hill walking. We are also an Approved Activity Provider for the D of E award and provide Ten Tors training.

This is a selection of the activities we undertake. We run a wide range of activities which can be organised on request for you.