

Onsite & Offsite Activities

Programme Building

In discussion with group leaders, we will design the ideal programme for your group. We aim to make the programme progressive, challenging and rewarding. We'll run these activities as a tool to help personal growth and team development – this is our main aim.

Tree Abseil	Using our unique system which involves everyone, the ground team haul the abseiler up to our abseil platform, set in an ancient Potheridge oak tree. The climber then abseils back down to terra firma. A great activity which - unlike so many abseils, involves everyone having a role.
Team Tasks	Team problem-solving tasks designed to get everyone pulling the same way, using activities such as the Spider's Web - dealing with toxic waste and crossing areas with planks and skis! Tasks are reviewed and hopefully the learning is transferred to the next challenges. This is often done at the start of the course to break down barriers and promote a healthy culture of evaluation and learning.
Climbing Wall	Our climbing wall is situated inside our 350 year-old Great Barn. There are 2 main routes and several options. We will normally get all the group involved with the belaying of the ropes as well as climbing as high (or low!) as possible. This activity works on trust and team work as much as personal challenge. It is also suitable for bouldering.
Archery	We normally run this on the front lawn, next to the ruins of our Sir Christopher Wren chapel. Test your skills and aim under the experienced coaching of one of our instructors. Archery is a very rewarding and accessible activity for all. We also do field archery, shooting arrows great distances, as our forebears did at Agincourt.
Blind Line	Working together, guide yourselves around the rope trail whilst blindfolded. This requires much communication and trust!
Orienteering	Learn how to use a map and then test your new-found skills in the safety of our grounds. For more advanced groups there is also a local orienteering course we have access to.

THE ADVENTURE ACTIVITY LICENSING SERVICE

Encompass Training is licensed to provide the following activities under Licence No R/0720. Watersports (kayaking, open canoeing, improvised rafting), Climbing (rock climbing, abseiling, sea level traversing, gorge scrambling), Trekking (hill walking, mountaineering)

Low Ropes	Navigate a series of aerial challenges, 50cm off the ground. This is great for developing team work and confidence.
Crate Stack	A high ropes element, relying on team work, trust and personal challenge. As your team belay you and a friend, you are asked to build a tower of crates as high as possible - with yourselves on top of it!
Egg Drop	In small teams, design and build (with the limited materials supplied) a vessel that will enable your team's egg to be dropped from a great height and survive unscrambled! The final drop is normally done on departure morning
Night Walk	Normally done on the first night of your visit, this is an excellent introduction to many of the aims we have for our courses. The children walk in small groups, unaccompanied, along the Tarka Trail. This demonstrates to them that we are handing over responsibility and trust but within a very structured and safe environment. We checkpoint the children at key locations and sweep through behind the last group. Such a simple activity proves to be a real challenge, walking through the North Devon countryside in the dusk, with the added benefit of maybe even seeing some local wildlife.
Coasteering	With the dramatic backdrop of Hartland, this activity is tailored to the group's abilities and the weather conditions. This activity involves moving along the rocky foreshore, jumping in large rock pools and paddling through the sea. En route, we may see the remains of a Victorian steam ship wrecked here, along with many hundreds of other vessels throughout history. Everyone is kitted up with wetsuits, buoyancy aids and helmets. This activity is tide and weather-dependent.
Gorge Scrambling	Using the waterways on Dartmoor, we journey up the river, through small waterfalls, water slides and over boulders. This activity truly gets you submerged in the beauty and power of one of our most stunning national parks, and involves working as a team, improving water confidence and awareness.
Moorland Day Climbing, Abseiling, Scrambling, Weaselling	Using Dartmoor or Bodmin Moor, we spend a day doing some or all of the following; climbing, abseiling, scrambling and weaselling. <i>Scrambling</i> is moving together over easier rocky ground - a cross between walking and easy climbing. This requires teamwork, developing confidence and judgement. <i>Weaselling</i> is moving over and under boulders and rocks. Again, this is good for building up confidence and helping others. A moorland day can also be done in conjunction with gorge scrambling.

<p>Lake Day/Half Day</p>	<p>With sole use of a large lake within Devon Wildlife Trust's flagship nature reserve, we have access to an amazing venue for raft building, canoeing and kayaking, in a safe and beautiful location. We also have a compound for storage and changing.</p>
<p>Woodland Challenge</p>	<p>Using our stunning surroundings, we walk down to the fields and woodland adjacent to our centre. This is about 1.5 miles away, via farm tracks. The location is near the River Torridge and remote from any roads, civilisation or the public! Build your own shelters under our guidance (we supply sleeping bags and roll mats). Collect wood, light fires, cook dinner and learn skills such as using a knife, cooking and knot-tying, with a spot of star gazing later in the evening. In the morning, enjoy a bacon and egg buttie cooked on the fire, before clearing away and heading back to the centre.</p>
<p>Beach Walk</p>	<p>We head to the huge beach at Westward Ho! for a walk along the sand dunes. We can then have a sand castle building competition which always proves to be very popular. There is even a chance for an ice cream, too! This is a half day or evening activity.</p>
<p>Adventure Walk</p>	<p>Using the edge of Dartmoor, we explore the wildlife, natural surroundings and man's influence on the area. We walk over the huge dam at Meldon and the massive Victorian railway viaduct. There may even be a chance to build your very own dams in the streams in the area.</p>
<p>River Torridge Canoe Trip</p>	<p>Using the River Torridge, we undertake a canoe journey along the river which was home to Tarka the Otter.</p>

This is just a selection of the activities we undertake. We can also run a wide range of events which can be organised on request, for example, Ten Tors and D of E expeditions.